

Sustainable Systems: Weeks 2-4:

Program C:

Health and Well Being

Cafe Mile (10 Mile)

Tuning In: How Jeans are made (consumption)

Eco footprint - look at this and discuss

Food Miles - look at the concept of food miles - Google food miles - what information can you find to help describe this?

Which utube video clip would you choose to explain the concept to someone else?

Task

Look at sustainable production from the garden - what we

grow or the community grows.

Discuss minimal input - energy/water/transport/money/fuel -

looking at the food miles of the cafe menu.

How much can come from local market or backyard?

Map of where we can get food locally - tomatoes at Huntly

Kathleen Murpyy - home produce.

St Francis - garden

Design menu using local products.

Order food from farm produce people.

Send out invitations.

Assessment Task

Cook for an audience (staff, parents or another school)

Invitations must be sustainable.

Display some process mapping of how the food got to the table.

Journal

Resources:

http://www.youtube.com/watch?v=_KZWe0sYglc

<http://www.epa.vic.gov.au/Eco-footprint/default.asp>

Farm Produce people - may be a guest speaker.